

Dawn Barnes karate kids



EARN IT! Try your best to earn one patch with every new belt!

- I took a deep breath and stayed calm instead of losing my temper.
- I read a book that was not required for school.
- For two weeks, on days I didn't go to class, I practiced my karate at home for 10 minutes.
- Parent's Choice _____



You did it! Bring this paper to your dojo for your patch. _____



Parent's Choice _____



You did it! Bring this paper to your dojo for your patch. _____

- I kept my room clean for a whole month without complaining.
- I put away my phone/video games while eating with my family for a month.
- I cleared the table after dinner for two weeks.
- Parent's Choice _____



You did it! Bring this paper to your dojo for your patch. _____



Parent's Choice _____



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- I did not argue when my Mom/Dad told me I had to wait for something.
- I spent 30 minutes without saying a word on three occasions.
- I did not complain when running errands with my Mom/Dad on three occasions.
- Parent's Choice _____



You did it! Bring this paper to your dojo for your patch. _____